

January 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 2pm Church-Rev. Pat Lamb, Notre Dame RC Church, Beth	2 10 am Exercise 6:30 Poker League	3 10am Life Bio	4 1pm Yoga	5 8 am Coffee & Donuts
6 2pm Knitting Group	7 10 am Exercise 1:30 Council Mtg. 6 pm BP Screening 6pm Bingo	8 2pm Resident Mtg.	9 10 am Exercise 10am-3pm Hearing Screenings 6:30 Poker League	10 10 am Life Bio 8am Woodcarving 10am-3pm Hearing Screenings 2pm Church-Rev. Jay	11 1pm Yoga 5:30 pm WII Bowling	12
13 2pm Knitting Group 5 pm 2013 Dinner	14. 10 am Exercise 2 pm Speaker-Share Care	15 2 pm Speaker-Benefits check-up .	16 10 am Exercise 2 pm Speaker-Medication & Falls	17 10am Life Bio 8am Woodcarving 2pm Church-Rev. Richard Nahodil, St. John's ES, Allentown	18 1pm Yoga 5:30 pm WII	19 11 am Soup & Hot Dogs
20 2pm Knitting Group	21 OFFICE CLOSED	22	23 10 am Exercise 2pm Speaker-Relaxation / Aromatherapy	24 10am Life Bio 8am Woodcarving 2pm Church-Memorial Service, Rev. Clark Kuntz	25 1pm Yoga 5:30 pm WII	26
27 2pm Knitting Group	28 10 am Exercise 11am Carol & Miz Daisy 6pm Bingo	29	30 6:30 Poker League	31 10 am Life Bio 8am Woodcarving 2pm Church-Rev. Sharon Joseph, Church of the Manger, Bethlehem		